

2023 Speedo Classic

Presented by:
FMC & HSC

November 17-19, 2023

***this is the complementary meet
to the Speedo Grand Challenge Meet**



Hosts:

**FMC Aquatic
Hinsdale Swim Club**

Location:

**Don Watson Aquatic Center at Hinsdale Central High School
5500 S. Grant St.
Hinsdale, IL 60521**

All times and deadlines in Central Time Standard (CST)

Entry Timeline

**Opens: Tuesday, October 17, 2023 at 9:00 AM
Closes: Friday, November 10, 2023 at 9:00 AM**

Team Updates

Sunday, November 12, 2023 at 7:00 PM



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Sanctioned by Illinois Swimming, Inc. (ISI): SANCTION # ILS1131-23

All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming Safety Rules will be strictly enforced.

MEET ENTRY CHAIR: Brittany MacDonald e-mail: macbritt46@gmail.com
P.O. Box 126
Hinsdale, IL 60522-0126

Meet Director: Kristen Frandsen e-mail: kristen.frandsen@yahoo.com
Meet Referee: Brett Cumberland e-mail: bdcumberland@comcast.net
Safety Director: Kristen Frandsen e-mail: kristen.frandsen@yahoo.com
IDPH Compliance Director: Kristen Frandsen e-mail: kristen.frandsen@yahoo.com
Admin Official: Brittany MacDonald e-mail: macbritt46@gmail.com
HSC Head Coach: Scott Erdman e-mail: scotterdman@hotmail.com 708-717-4218
FMC Head Coach: David Krotiak e-mail: DKrotiak@fmcaquatic.com 630-546-2380

IMPORTANT DATES: Meet Entries Accepted: Tuesday, October 17, 2023 at 9:00 AM
Coaches Meeting: Wednesday, November 15th at 7:30 PM via Zoom

Session	Date	Session Description	Warm-Up Start	Meet Start
1	Friday, 11/17	Timed Finals – Distance Events	4:30 PM	5:30 PM
2	Saturday, 11/18	Prelims – 11-12, 13-14	6:40 AM	8:00 AM
3	Saturday, 11/18	Prelims – 10&U Timed Finals – 8&U, Open	12:00 PM	1:00 PM
4	Saturday, 11/18	Finals – 10&U, 11-12, 13-14	5:10 PM	6:00 PM
5	Sunday, 11/19	Prelims – 11-12, 13-14	6:40 AM	8:00 AM
6	Sunday, 11/19	Prelims – 10&U Timed Finals – 8&U, Open	12:00 PM	1:00 PM
7	Sunday, 11/19	Finals – 10&U, 11-12, 13-14	5:10 PM	6:00 PM

HOST CLUBS: Hinsdale Swim Club (hinsdaleswimming.org)
FMC Aquatic



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10 lane, 25-yard competition pool; five additional lanes available at all times for warm up/cool down. It is equipped with non-turbulent lane lines, starting blocks with wedge, a horn start system with a strobe and automatic timing with touch pads. Each lane will also have a push button back-up system and a back-up timer using an electronic stopwatch. There are not backstroke wedges. Starting depth end of the pool is 12'6" and depth at the turn end is 7'0". The facility is owned and operated by the Hinsdale Township High School District 86. As necessary, staff at the facility will handle operational matters. Please note that the Host Club does not control operational decisions. The competition course has not been certified in accordance with 104.2.2C(4).

ELIGIBILITY: All swimmers must be currently registered with USA Swimming (prior to the entry deadline), and their USA Swimming identification numbers must be included on the entry forms. Entries listed as "Registration applied for" will not be accepted. A swimmer's age as of **Friday, November 17, 2023** determines their age group eligibility for the meet.

FORMAT: This meet will be conducted as a Prelim-Final Meet for 10&U (A-Final), 11-12 (A/B-Finals), and 13-14 (A/B-Finals) for all individual events, with the exception of ALL Friday events, the relays (to be swum in Prelims), the 25 Free (for all age levels), and the 13-14 500 Free, which will be conducted as Timed Finals. The meet will be conducted as a Timed Final Meet for ALL 8&U and Open Events.

Due to timeline constraints, we may limit events 200 and longer. We reserve the right to not swim relays. Attending teams will be notified well in advance of any limited events. We will try to allow athletes cut from an event to enter a replacement event provided timeline constraints allow for it.

FINA starting procedures and rules (whistle commands and no recall) will be in effect for this meet. Flyover starts will be used for all events other than backstroke events.

In accordance with USA Swimming Rules (Article 105), the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

QUALIFYING TIMES: Only swimmers having achieved qualifying times on or after November 1, 2021 are eligible for this meet. Entry times may be submitted in short course yards or long course meters.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than eight (8) individual events during the meet. No swimmer shall be permitted to compete in more than two (2) individual events on Friday and three (3) individual events per day on Saturday or Sunday.



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Qualifying standards for the 2023 Speedo Classic are based on the 2021-2024 “BB” National Motivational time standards for 10&U, 11-12, and 13-14 swimmers. For Open swimmers, qualifying standards are based on the “2021-2024 “B” National Motivational time standards from the 15–16 year-old table.

There are no qualifying standards for the relays, all the 25 Free events, and the 8&U events.

The Host Teams are exempt from the qualifying standards.

BONUS EVENTS: Bonus events are permitted if a swimmer has at least one qualifying standard. A swimmer with one (1) qualifying time may swim up to three (3) bonus swims; two (2) qualifying times up to two (2) bonus swims; three (3) qualifying times or more, one (1) bonus swim. Bonus events are limited to distances 100 and shorter. No “NTs” are permitted in Bonus event entries and coaches should use their best discretion in event selection for the particular swimmer. Coaches shall “check the BONUS ENTRY BOX” for each bonus event in the entries.

ENTRIES: All entry times shall have been achieved in sanctioned/approved USA Swimming competitions or shall have been observed swims in accordance with USA Swimming rules. All teams are required to send an entry file compatible with Hy-Tek Meet Manager to:

Brittany MacDonald
P.O. Box 126
Hinsdale, IL 60522-0126
macbritt46@gmail.com

No handwritten entries will be accepted. Each swimmer must be entered with full name (last name first), age, and USA Swimming Registration Number on the entry. All times must be completed to the hundredth of a second.

Deck entries will not be allowed.

IMPORTANT! The attached summary sheet, waiver & release form, and entry fees must be emailed to the Meet Director or mailed to Hinsdale Swim Club, P.O Box 126, Hinsdale, IL 60522-0126 by **Monday, November 13, 2023.**

ENTRY DEADLINE: Entries will not be accepted before **9:00 AM on Tuesday, October 17, 2023.** Host teams will not be responsible for undelivered or misdelivered e-mail entries. HSC will send an e-mail confirming receipt of entry (which the sending Club should print out as evidence of delivery) that will include a listing of the team’s entered swimmers and their events. Failure to submit all required forms and payment within the period mandated above shall be sufficient cause to refuse the entry. Please send e-mail entries by attaching the appropriate Hy-Tek file. **NO HAND DELIVERED ENTRIES WILL BE ACCEPTED.**

The deadline for entries to be received is **9:00 AM on Friday, November 10, 2023.** **No telephone entries will be accepted.** Teams not accepted will have their entries returned as soon as possible, within four (4) days of receipt via email.



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ENTRY UPDATES, MODIFICATIONS, OR ADDITIONS: Once an entry has been submitted and accepted, all swimmers will be entered into the meet and any deletions must be handled through the scratch process.

Any electronic data files submitted after the initial entry must be clearly labeled to describe the changes included. The updated Hy-Tek file will be added to the original entry file you submitted, allowing you to update information, modify swimmers' times, or add additional entries (at the discretion of the Entry Chair). As with the original entries, additions will be handled on a first come, first entered basis. **No additional updates and additions may be added after 7:00 PM on Sunday, November 12, 2023.**

All requests for entry changes of any type must be submitted by the **swimmer's coach**, via e-mail. Requests from parents or swimmers will not be honored, except for an unattached swimmer's parent acting in the role of coach.

ENTRY FEES:

- \$8.00 per individual event
- \$16.00 per relay event
- \$2.00 per swimmer ISI surcharge
- \$18.00 per swimmer facility charge

Please make entry fee checks payable to Hinsdale Swim Club.

Any entries that are canceled due to event or heat limitations will be refunded.

DISTANCE EVENTS: 500 Freestylers must provide their own counter. 13-14 and Open 1000 Freestylers must provide their own counter and timer.

RELAYS: Teams may enter only "A" and "B" relays. Relays must be made up of athletes entered in the meet with an individual qualifying time. No relay only swimmers. There are no qualifying times for relay events. Due to timeline restraints, we reserve the right to not swim relays or to limit teams to only an "A" relay. All relays will be swum as Timed Finals in the Prelims Session. Relay cards will be due 1 hour prior to start of the relays.

SEEDING: All events shall be seeded in order of SCY, LCM qualified times, then SCY, LCM bonus times. Prelims/Finals events will be circle seeded. Friday events will be seeded slowest to fastest for all age groups, with the exception of the 1000 Freestyles, which will be seeded fastest to slowest, alternating women and men. Saturday and Sunday Timed Finals events will be seeded slowest to fastest.

SCRATCHES: ISI Championship scratch rules and procedures will be in effect at this meet. Scratches for the finals shall be made with the Administrative Referee/Official at the Clerk of Course. Scratches from preliminary events shall be made using the scratch box at the Clerk of Course and/or emailed. Check-in and scratch deadlines are as follows:

- Email scratches will be accepted until **5:00 PM on Thursday, November 16, 2023**. Scratches submitted via email must be sent to macbriitt46@gmail.com. It is the responsibility of the sender to ensure that this email is received by the host club.



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- After the beginning of the meet, scratches may only be made at the Clerk of Course. All subsequent day's scratches are due 30 minutes after the start of the previous evening's Finals.
- The scratch deadline for Finals events will be 30 minutes after the Prelim event results are announced and posted at the Clerk of Course table.
- Intent to scratch will be permitted. A swimmer must indicate their intent to scratch during the 30 minutes following Prelim event results being announced and posted at the Clerk of Course table. The swimmer will then have until 30 minutes after the results being announced and posted of their last Prelim event that session to determine if they will swim the event they put the intent to scratch in for. If a swimmer declares they may want to scratch an event, but does not return to confirm that scratch, they will be seeded into the event and penalized if they do not appear for Finals.

Declared False Starts (DFS's) will be permitted. Prior to the start of each session, DFS's will be taken at the Clerk of Course. During a session, DFS's must be provided to the Deck Referee prior to the start of the heat before the heat the swimmer will be competing in. DFS's do count towards an athlete's daily and meet event limits.

PENALTY: Any 10&U, 11-12, and 13-14 swimmer who fails to compete in an individual Prelim session event in which he/she is entered, and from which he/she has not been scratched, will be barred from his/her next individual and relay events of that day. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of the scratch box for that day's events. Any swimmer missing a Finals swim in the evening session will be scratched from the rest of the meet.

There are no penalties for 8&U and Open swimmers who fail to compete in an event.

Any swimmer failing to compete in an event that they positively checked-in for will be barred from their next individual and relay events of that day.

POSITIVE CHECK-IN: There will be a positive check-in for all Friday events, as well as the 13-14 and Open 500 Free Timed Finals.

- **Positive check-in for Friday events will close at 4:50 pm.**
- **Positive check-in for the 13-14 500 Free Timed Final will close at 10:00 am on Sunday.**
- **Positive check-in for the Open 500 Free Timed Final will close at 2:30 pm on Sunday.**

FINALS: Finals for 10&U swimmers will be the top 10 qualifiers in an A-Final. Finals for 11-12 and 13-14 swimmers will be the top 20 qualifiers in A- and B-Finals. The B-Final will be swum prior to the A-Final.

The A-Final swimmers shall report to the Ready Room for procession. A-Final swimmers shall check in at the Ready Room prior to the previous event's A-Final. For the first event on Saturday and Sunday evenings, A-Final swimmers shall check in prior to the start of the National Anthem. The location of the Ready Room will be detailed in the Coaches' Zoom Meeting prior to the competition. The B-Final swimmers shall report behind the blocks.



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EVENT SCHEDULE

SESSION 1 – Friday, November 17, 2023

TIMED FINALS – DISTANCE EVENTS

Warm-Up: 4:30 pm, Meet Start: 5:30 pm

Positive Check-In: 4:50 pm

WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
1	3:15.59	3:43.19	10&U 200 IM	3:13.19	3:40.79	2
3	2:47.29	3:11.39	11-12 200 IM	2:43.99	3:08.49	4
5	5:37.59	6:25.89	13-14 400 IM	5:17.09	6:04.69	6
7	5:55.89	6:47.89	OPEN 400 IM	5:26.99	6:14.09	8
9	2:57.19	3:20.99	10&U 200 FREE	2:47.99	3:12.09	10
11	6:38.19	5:56.49	11-12 500 FREE	6:27.49	5:48.69	12
13	13:01.79	11:41.99	13-14 1000 FREE	12:23.89	11:13.99	14
15	13:49.19	12:21.29	OPEN 1000 FREE	12:52.99	11:40.09	16

SESSION 2 – Saturday, November 18, 2023

PRELIMS – 11-12, 13-14

Warm-Up: 6:40 am, Meet Start: 8:00 am

WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
17	2:21.29	2:41.79	13-14 200 FREE	2:12.79	2:32.29	18
19	2:28.99	2:49.19	11-12 200 FREE	2:23.49	2:44.89	20
21	1:21.69	1:34.79	13-14 100 BREAST	1:15.49	1:28.09	22
23	1:27.19	1:40.89	11-12 100 BREAST	1:24.49	1:38.39	24
25	1:11.19	1:23.59	13-14 100 BACK	1:06.39	1:17.89	26
27	1:18.09	1:30.99	11-12 100 BACK	1:15.69	1:27.99	28
29	2:37.59	3:01.79	13-14 200 IM	2:28.49	2:51.39	30
31	1:18.09	-	11-12 100 IM	1:14.99	-	32
33	30.19	34.49	13-14 50 FREE	27.79	31.99	34
35	31.29	35.69	11-12 50 FREE	30.29	34.69	36
37	2:36.89	2:59.19	13-14 200 FLY	2:26.89	2:47.99	38
39	33.89	38.29	11-12 50 FLY	34.19	38.59	40
41	-	-	13-14 200 MEDLEY RELAY	-	-	42
43	-	-	11-12 200 MEDLEY RELAY	-	-	44



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SESSION 3 – Saturday, November 18, 2023

PRELIMS – 10&U

TIMED FINALS – 8&U, OPEN

Warm-Up: 12:00 pm, Meet Start: 1:00 pm

WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
45	2:29.39	2:50.49	OPEN 200 FREE	2:16.49	2:37.39	46
47	47.49	53.99	10&U 50 BREAST	46.59	53.29	48
49	-	-	8&U 25 BREAST	-	-	50
51	1:25.89	1:39.49	OPEN 100 BREAST	1:16.49	1:29.89	52
53	1:30.69	1:45.99	10&U 100 BACK	1:29.29	1:43.09	54
55	-	-	8&U 50 BACK	-	-	56
57	1:14.69	1:27.29	OPEN 100 BACK	1:08.09	1:20.19	58
59	1:31.69	-	10&U 100 IM	1:28.89	-	60
61	2:46.79	3:11.89	OPEN 200 IM	2:31.69	2:56.59	62
63	35.19	39.89	10&U 50 FREE	34.49	39.49	64
65	-	-	8&U 50 FREE	-	-	66
67	31.79	36.39	OPEN 50 FREE	28.39	32.59	68
69	41.79	47.09	10&U 50 FLY	40.49	45.99	70
71	-	-	8&U 25 FLY	-	-	72
73	2:45.29	3:07.29	OPEN 200 FLY	2:31.29	2:52.29	74
75	-	-	10&U 200 MEDLEY RELAY	-	-	76
77	-	-	8&U 100 MEDLEY RELAY	-	-	78
79	-	-	OPEN 200 MEDLEY RELAY	-	-	80



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SESSION 4 – Saturday, November 18, 2023

FINALS – 10&U (A), 11-12 & 13-14 (A/B)

Warm-Up: 5:10 pm, Meet Start: 6:00 pm

WOMEN		MEN
Event #	EVENT	Event #
17	13-14 200 FREE	18
19	11-12 200 FREE	20
47	10&U 50 BREAST	48
21	13-14 100 BREAST	22
23	11-12 100 BREAST	24
53	10&U 100 BACK	54
25	13-14 100 BACK	26
27	11-12 100 BACK	28
59	10&U 100 IM	60
29	13-14 200 IM	30
31	11-12 100 IM	32
63	10&U 50 FREE	64
33	13-14 50 FREE	34
35	11-12 50 FREE	36
69	10&U 50 FLY	70
37	13-14 200 FLY	38
39	11-12 50 FLY	40

SESSION 5 – Sunday, November 19, 2023

PRELIMS – 11-12, 13-14

Warm-Up: 6:40 am, Meet Start: 8:00 am

Positive Check-In: 10:00 am (13-14 500s)

WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
81	1:10.89	1:20.39	13-14 100 FLY	1:06.09	1:15.49	82
83	1:17.59	1:28.49	11-12 100 FLY	1:16.09	1:26.29	84
85	2:57.29	3:23.99	13-14 200 BREAST	2:43.99	3:10.79	86
87	39.99	45.49	11-12 50 BREAST	39.49	45.19	88
89	1:05.49	1:14.79	13-14 100 FREE	1:00.89	1:09.89	90
91	1:08.29	1:18.09	11-12 100 FREE	1:05.89	1:15.49	92
93	2:34.89	2:58.69	13-14 200 BACK	2:25.09	2:49.09	94
95	35.39	40.79	11-12 50 BACK	34.99	40.39	96
97	6:18.69	5:40.59	13-14 500 FREE TIMED FINAL	5:58.99	5:24.09	98
99	-	-	14&U 25 FREE TIMED FINAL	-	-	100
101	-	-	13-14 200 FREE RELAY	-	-	102
103	-	-	11-12 200 FREE RELAY	-	-	104



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SESSION 6 – Sunday, November 19, 2023

PRELIMS – 10&U

TIMED FINALS – 8&U, OPEN

Warm-Up: 12:00 pm, Meet Start: 1:00 pm

Positive Check-In: 2:00 pm (Open 500s)

WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
105	1:14.69	1:25.39	OPEN 100 FLY	1:07.49	1:17.39	106
107	1:39.09	1:52.99	10&U 100 FLY	1:37.09	1:50.79	108
109	-	-	8&U 50 FLY	-	-	110
111	3:05.99	3:35.89	OPEN 200 BREAST	2:48.19	3:15.39	112
113	1:44.99	1:59.79	10&U 100 BREAST	1:41.69	1:55.99	114
115	-	-	8&U 50 BREAST	-	-	116
117	1:08.89	1:19.19	OPEN 100 FREE	1:02.39	1:11.99	118
119	1:19.99	1:31.19	10&U 100 FREE	1:18.79	1:30.19	120
121	-	-	10&U 25 FREE TIMED FINAL	-	-	122
123	2:42.99	3:08.39	OPEN 200 BACK	2:27.99	2:53.79	124
125	41.89	48.89	10&U 50 BACK	42.29	49.19	126
127	-	-	8&U 25 BACK	-	-	128
129	6:40.59	5:58.49	OPEN 500 FREE	6:10.59	5:33.69	130
131	-	-	OPEN 25 FREE	-	-	132
133	-	-	10&U 200 FREE RELAY	-	-	134
135	-	-	8&U 100 FREE RELAY	-	-	136
137	-	-	OPEN 200 FREE RELAY	-	-	138

SESSION 7 – Sunday, November 19, 2023

FINALS – 10&U (A), 11-12 & 13-14 (A/B)

Warm-Up: 5:10 pm, Meet Start: 6:00 pm

WOMEN		MEN
Event #	EVENT	Event #
81	13-14 100 FLY	82
83	11-12 100 FLY	84
107	10&U 100 FLY	108
85	13-14 200 BREAST	86
87	11-12 50 BREAST	88
113	10&U 100 BREAST	114
89	13-14 100 FREE	90
91	11-12 100 FREE	92
119	10&U 100 FREE	120
93	13-14 200 BACK	94
95	11-12 50 BACK	96
125	10&U 50 BACK	126



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USA SWIMMING, INC MEMBERSHIP: Insurance regulations require that all swimmers, judges, starters, and referees be current members of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming may NOT participate in the meet or be on deck.

COACHES: All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet.

COACHES ZOOM MEETING: There will be a virtual (Zoom-based) technical meeting on **Wednesday, November 15th at 7:30 PM**. Details will be sent to each coach. Coaches are encouraged to check the Hinsdale Swim Club ["Hosted Meets Page"](#) for pertinent information about this meet, in addition to carefully reading any email correspondence. Participating coaches and athletes are responsible for all information in this document, distributed in the technical meeting, and posted on the event website.

SCORING: Scoring in both individual and relay events to 20 places. Relay events will be scored as double.

Individual event scoring: 24, 21, 20, 19, 18, 17, 16, 15, 14, 13, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1

AWARDS: Awards will be given for first, second, and third place in each 11-12, 13-14, and Open event. Awards will be given to the top 10 finishers in each 8&U and 10&U event.

One high point award will be given to each gender in all age groups.

SWIMMER SUPERVISION: Each team or coach is responsible for the supervision of their swimmers in the water, deck, and balcony areas. No Smoking is allowed in any area of the swimming facility or facility grounds. The Meet Referee, FMC Aquatic, Hinsdale Swim Club, Hinsdale District 86, and the facility management reserve the right to remove any person from the meet for entering an unauthorized area, for displaying unsportsmanlike conduct, or for any other reason deemed relevant.

MARSHALLING: A minimum of two (2) marshals appointed by the Meet Referee shall attend all warm-up sessions to enforce Warm-Up procedures. At all times during the meet, marshals shall have authority to maintain order, in accordance with their role described in section 102.18 of the USA Swimming rules discretion of the above parties.

TIMERS & OFFICIALS: All teams with six (6) or more swimmers entered in the meet may be required to provide timers to work during meet sessions. Host teams will provide at least eight (8) timers for each of the meet sessions. If attending teams are required to provide timers, session and lane assignments for each team will be posted on the ["Hosted Meets Page"](#) and emailed.

Any current USA Swimming officials from your team who would be able to work at this meet should contact the Meet Referee in advance of the meet. Any assistance is greatly appreciated by the host teams and ALL the swimmers attending the meet.



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CONCESSIONS: Hinsdale Swim Club prides itself on the quality and variety of its concessions. A delicious assortment of food and refreshments will be available for purchase at all sessions. Personal coolers will NOT be allowed in the immediate pool area or in the spectator area. We ask that parents and swimmers help to maintain the cleanliness of the facility and assist in picking up their area and disposing of any garbage before leaving.

MEET RESULTS: Results will be posted at the [“Hosted Meets Page”](#) as soon as possible after the meet. The meet results will also be sent via e-mail to each club participating in the meet. Coaches who request results on a diskette or USB Drive must provide their own. Since this is an ISI sanctioned meet, times will count as proof of time for USA Swimming time standards.

SPECTATORS: Parents are only allowed in the balcony area and the lobby. Only swimmers, meet officials, USA Swimming member coaches, and approved volunteers will be allowed on-deck. Anyone entering other areas of the building is subject to be ejected from the meet.

ADMISSIONS: No Charge (included in the swimmer facility charge).

HANDICAP ACCESS: The Don Watson Aquatic Center provides handicap access to both the viewing stands for spectators and to the pool deck for disabled athletes. Any teams with disabled or special needs swimmers are asked to include a short notification of such along with their entry and to notify the Meet Director and/or Meet Referee upon arrival at the meet.

ADDITIONAL INFORMATION: The host teams require that all guest teams follow the rules and code of conduct of the Don Watson Aquatic Center with respect to property, conduct, and safety. Any unacceptable conduct may result in ejection from the meet with no refund for surcharges or entry fees.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Swimmers changing in non-designated areas will be removed from the remainder of the meet.



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ON DECK PROTOCOL: Locker rooms may be used ONLY by athletes. Swimmers are asked to not loiter in the locker rooms. Coaches and officials will use separate restrooms that will be properly labeled and discussed during the Coaches Meeting.

WARM-UP: All current Illinois Swimming warm-up and safety guidelines will be in effect. Warm-ups will be conducted in a format at the discretion of the Meet Director and Meet Referee. Warm-up Assignments, if necessary, will be posted on the [“Hosted Meets Page”](#) and emailed to each attending team. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices. Coaches shall actively supervise their swimmers throughout the warm-up sessions.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start. There are not backstroke wedges available at the Don Watson Aquatic Center.

Warm-up procedures shall be enforced for any breaks during the competition. Flagrant violations of safety requirements or warm-up procedures by a swimmer may result in that swimmer being barred from his or her next individual event.

The Meet Referee may restrict use of bands, hand paddles, or fins during warm-up. The Meet Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

Unattached swimmers, or swimmers attending the meet without coaches, must report to the Meet Referee before entering the pool for approval and lane assignment for warm-up.

COACHES’ RESPONSIBILITIES:

- Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at the meet.
- Coaches shall be on deck during warm-up sessions and shall actively supervise their swimmers throughout.
- Coaches must be able to present credentials at all times while on deck.
- Coaches shall instruct anyone from their team not working or displaying proper credentials to leave the deck.



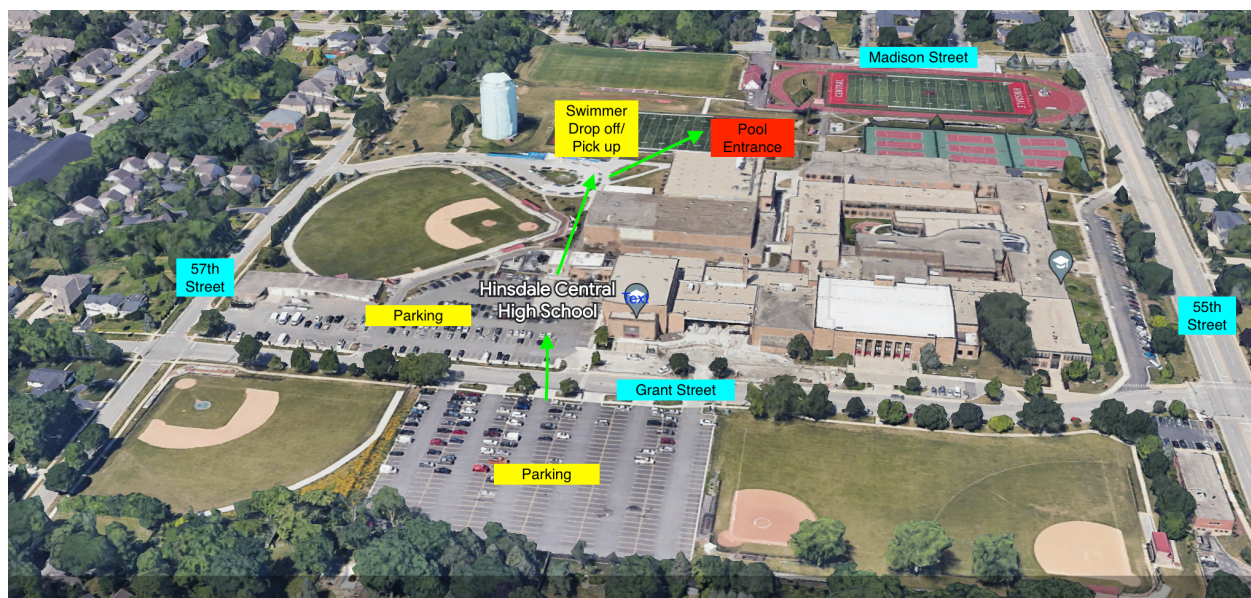
2023 SPEEDO CLASSIC

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Hinsdale Central High School Don Watson Aquatic Center 5500 S. Grant Street, Hinsdale, IL 60521



Swimmers and spectators should enter on the west side of the building at the Pool Entrance. Parking is available in the lots indicated above. There is also street parking available on 57th and Grant Streets. We will have signs directing people from the parking lot to the pool (indicated by the green arrows). Parents may also have the option of dropping their swimmers at the circle on the south side of the building off 57th Street, in between Madison and Grant Streets.