



**2026 Illinois Swimming
Winter Regional Championships
February 27-March 1, 2026**

Host

Hinsdale Swim Club

Location

**Hinsdale Central High School
5500 S Grant St, Hinsdale, IL 60521**

Entry Deadline

Monday, February 23, 2026 @ 1:00 PM (CST)

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Important Meet Items:

- This meet follows all USA Swimming and current Illinois Swimming championship meet procedures.
- All swimmers must be current members of USA Swimming and Illinois Swimming prior to the entry deadline.
- The qualification period for this meet is February 1, 2024, through the entry deadline (Monday, February 23, 2026).
- Enter the 2026 Illinois Swimming Winter Regional Championships online at the SWIMS 3.0 OME beginning on Wednesday, February 4, 2026, and no later than 1:00pm (CST) Monday, February 23, 2026.
- All events will be swum as timed finals.
- All relays will be conducted as timed finals. Each team may enter four (4) relays per event. There are no qualifying times for relay events.
- **All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline.**
- All Custom Entry Times must be pre-proven prior to the scratch deadline for Friday's events.
- **Swimmers' and Coaches' Responsibility** – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information packet and any information or changes announced at the Technical Meeting.
- 2026 Winter Regional Championship event winners in an individual 12&U or 14&U event are awarded entry into the 2026 Winter Age Group Championships in that event regardless of whether or not they achieved the qualifying standard as long as they are still eligible to compete in the corresponding age group.
- There are no penalties for missed swims.

Meet Director

Morgan Wind
coachmwind@gmail.com
 630-605-7604

Meet Referee

Alex Abramovich

OME/Entry Questions

Pam Lowenthal
pam.lowenthal@ilswim.org
 (847) 824-1596

Email Scratch Contact

Morgan Wind
coachmwind@gmail.com
 630-605-7604

Sanction: Winter Regional Championships: ILS206-201

Host: Hinsdale Swim Club- <https://www.hinsdaleswimming.org/page/home>

Location: Hinsdale Central High School- 5500 S Grant St., Hinsdale, IL 60521

Facility: 10 lane, 25-yard competition pool; five additional lanes available always for warm up/cool down. It is equipped with non-turbulent lane lines, starting blocks with wedge, a horn start system with a strobe and automatic timing with touch pads. Each lane will also have a push button back-up system and a back-up timer using an electronic stopwatch. There are not backstroke wedges. Starting depth end of the pool is 12'6" and depth at the turn end is 7'0". The facility is owned and operated by the Hinsdale Township High School District 86. As necessary, staff at the facility will handle operational matters. Please note that the Host Club does not control operational decisions. The competition course has not been certified in accordance with 104.2.2C(4).

Meet Schedule:	Friday PM (All Ages)		Sat. & Sun. AM (10&U, 11-12)		Sat. & Sun. PM (13-14, Open)	
	Warm-ups	Start	Warm-ups	Start	Warm-ups	Start
	4:00pm	5:00pm	7:00am	8:00am	12:00pm	1:00pm

Rules: This meet is sanctioned by USA Swimming and Illinois Swimming. All USA Swimming and Illinois Swimming rules apply including safety rules, which will be strictly enforced. This meet follows all USA Swimming and current Illinois Swimming championship meet procedures. Any swimmer entered in the meet must be

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certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: All swimmers must be current members in good standing of USA Swimming and Illinois Swimming prior to the entry deadline.

Qualifying Times: The qualification period for this meet begins on February 1, 2024. Age Group and Senior Regional Championship Time Standards are included. Entry times may be submitted in short course yards, long course meters, or short course meters.

Entries: All entries will be submitted thru OME and the USA Swimming web site. Entries may be submitted on-line beginning February 4, 2026, (12:01AM CST) and must be completed by Monday, February 23, 2026, at 1:00 pm CST. You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Illinois Swimming Office for payment instructions. For late entries, please refer to Illinois Swimming rule 206.9.12.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than seven (7) individual events during the meet. No swimmer shall be permitted to compete in more than four (4) events per day; three (3) individual and one (1) relay. All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline.

IMPORTANT: All custom entry times must be pre-proven prior to the Friday event scratch deadline.

Entry Fees: Individual Events: \$10.00 per entry
Relay Events: \$20.00 per entry – limited to A, B, C, & D relays only per team
Illinois Swimming Surcharge: \$2.00 per athlete entered in the meet.

Individual Events: All individual events will be conducted as timed final events.

Distance Events: The 12&U 1000 Freestyle, 14&U 1000 Freestyle and Open 1000 Freestyle for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards) but will be swum together. The 12&U 1000 Freestyle, 14&U 1000 Freestyle and Open 1000 Freestyle for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards) but will be swum together.

The 14&U 1650 Freestyle and Open 1650 Freestyle for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards) but will be swum together. The 14&U 1650 Freestyle and Open 1650 Freestyle for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards) but will be swum together. The 1650 Freestyle will be swum fastest to slowest, alternating between Women's and Men's heats.

Distance Bonus Events: Swimmers with an 800/1000 Freestyle qualifying time may enter the 1650 Freestyle event; swimmers with a 1500/1650 Freestyle qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.

Relay Events: All relay events will be conducted as timed final events. Relay entries may be proven as actual or aggregate ("add-up") times. For purposes of proving entry times a swimmer may be listed on only one relay team entered in each event. A swimmer may not be listed on both an aggregate and composite relay entry in the same event. All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline. Teams are limited to four (4) relay entries per event. There are no qualifying standards for relays and relays do not count in the team scoring.

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Each coach shall be responsible for submitting relay names for tabulation approximately one (1) hour prior to the start of the relays in a manner announced by the Meet Referee at the Technical Meeting. However, relays may be changed up to the time of the swim.

Seeding: Events shall be seeded in order of SCY, equivalent LCM, equivalent SCM, non-conforming SCY (distance events), non-conforming LCM (distance events).

Positive Check-In: All events will be Positive Check-in, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least forty (40) minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seedtime. All swimmers will be expected to report for their events on time. No show rules will apply as stated in Illinois Swimming Championship meet rules.

Scratches Illinois Swimming Championship scratch rules and procedures will be in effect at this meet. The Regional Championships meet is positive check- in, thus pre-meet scratching is not necessary. Scratch deadlines are as follows:

- Email scratches will be accepted until 1:00pm on Friday, February 27, 2026. Scratches submitted via email must be sent to Morgan Wind coachmwind@gmail.com. It is the responsibility of the sender to ensure that this email is received by the host club.

Technical Meeting: There will be a virtual (Zoom-based) technical meeting on Thursday, February 26, 2026 at 8:30pm. Details will be sent to each coach. Coaches are encouraged to check the Illinois Swimming website for last minute details about the event. Participating coaches and athletes are responsible for all information in this document, distributed in the technical meeting, and posted on the event website.

Warm-up: ISI warm-up and safety procedures will be in effect.

Meet Jury: The Meet Referee and the Program Operations Vice-Chair shall appoint a Meet Jury composed of at least one coach, one athlete, and at least one other USA Swimming member in attendance at the meet.

Scoring:

SCORING BY PLACE															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
INDIVIDUAL EVENT SCORING															
20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Awards: Team awards will be given for the top 3 combined teams. Awards will be given to the top 8 finishers in individual events, and the top 3 finishers in relay events.

Meet Results: Meet results will be available on the Illinois Swimming website (www.ilswim.org) within 48 hours following the conclusion of the meet.

Deck Access: Current USA Swimming membership is required for coaches and working officials to be on deck. All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet. Clubs will be issued deck passes to those coaches listed on the submitted team entry.

Timers: Each team with swimmers in the meet may be asked to provide timers. A list of lane assignments for each team will be posted at least 48 hours prior to the meet. Swimmers in the 1650 must provide their own timer and counter.

Officials: Officials interested in working should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating to the Meet Referee. A mandatory briefing for all

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officials working the meet will begin 1 hour before the start of each session.

- Admissions:** Admissions will be charged for entrance to each session. Heat sheets will be made available for sale. The Host Club will set these prices.
- Concessions and Vendors:** Concessions will be available for purchase at the venue.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.
- Liability:** In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Academy Bullets Swim Club (host club), Riverside Brookfield High School, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- MAAPP:** All applicable adults participating or associated with the respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All athletes 18 years of age and older must have completed Athlete Protection Training prior to the start of the first event of the meet.

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Day 1		Day 2		Day 3				
		AM Session		AM Session				
	21	12&U 500 Freestyle	22	79	10&U 200 Freestyle Relay	80		
	23	10&U 200 Medley Relay	24	81	12&U 200 Freestyle Relay	82		
	25	12&U 200 Medley Relay	26		**AWARDS**			
		AWARDS		83	10&U 200 Freestyle	84		
	27	10&U 100 Butterfly	28	85	12&U 200 Freestyle	86		
	29	12&U 100 Butterfly	30		**AWARDS**			
		AWARDS		87	10&U 50 Butterfly	88		
	31	10&U 50 Freestyle	32	89	12&U 50 Butterfly	90		
	33	12&U 50 Freestyle	34		**AWARDS**			
		AWARDS		91	10&U 100 Backstroke	92		
	35	10&U 100 Breaststroke	36	93	12&U 100 Backstroke	94		
	37	12&U 100 Breaststroke	38		**AWARDS**			
		AWARDS		95	10&U 50 Breaststroke	96		
	39	10&U 50 Backstroke	40	97	12&U 50 Breaststroke	98		
	41	12&U 50 Backstroke	42		**AWARDS**			
		AWARDS		99	10&U 100 Freestyle	100		
	43	10&U 200 IM	44	101	12&U 100 Freestyle	102		
	45	12&U 200 IM	46		**AWARDS**			
		AWARDS		103	10&U 100 IM	104		
				105	12&U 100 IM	106		
					AWARDS			
PM Session		PM Session		PM Session				
1	14&U 400 IM	2	47	Open 200 Medley Relay	48	107	Open 200 Freestyle Relay	108
3	Open 400 IM	4	49	14&U 200 Medley Relay	50	109	14&U 200 Freestyle Relay	110
5	12&U 200 Butterfly	6		**AWARDS**			**AWARDS**	
	AWARDS		51	Open 50 Backstroke	52	111	Open 50 Breaststroke	112
7	10&U 500 Freestyle	8	53	14&U 50 Backstroke	54	113	14&U 50 Breaststroke	114
9	12&U 200 Breaststroke	10		**AWARDS**			**AWARDS**	
	AWARDS		55	Open 500 Freestyle	56	115	Open 200 Freestyle	116
11	12 & U 1000 Freestyle	12	57	14&U 500 Freestyle	58	117	14&U 200 Freestyle	118
13	14&U 1000 Freestyle	14		**AWARDS**			**AWARDS**	
15	Open 1000 Freestyle	16	59	Open 100 Butterfly	60	119	Open 200 Butterfly	120
17	12&U 200 Backstroke	18	61	14&U 100 Butterfly	62	121	14&U 200 Butterfly	122
	AWARDS			**AWARDS**			**AWARDS**	
19	12&U 400 IM	20	63	Open 100 Freestyle	64	123	Open 100 Backstroke	124
	AWARDS		65	14&U 100 Freestyle	66	125	14&U 100 Backstroke	126
				AWARDS			**AWARDS**	
			67	Open 100 Breaststroke	68	127	Open 200 Breaststroke	128
			69	14&U 100 Breaststroke	70	129	14&U 200 Breaststroke	130
				AWARDS			**AWARDS**	
			71	Open 200 Backstroke	72	131	Open 50 Freestyle	132
			73	14&U 200 Backstroke	74	133	14&U 50 Freestyle	134
				AWARDS			**AWARDS**	
			75	Open 200 IM	76	135	Open 50 Butterfly	136
			77	14&U 200 IM	78	137	14&U 50 Butterfly	138
				AWARDS			**AWARDS**	
					139		Open 1650 Freestyle	140
					141		14&U 1650 Freestyle	142
							AWARDS	

**All 10&U events shall follow the 9&U or 10-year-old Illinois Swimming championship time standards for the maximum qualifying standard. **

**All 12&U events shall follow the 11- or 12-year-old Illinois Swimming championship time standards for the maximum qualifying standard. **

**All 14&U events shall follow the 13- or 14-year-old Illinois Swimming championship time standards for the maximum qualifying standard. **