

Warm-Ups 2025 Fall Kick Off						
Hinsdale Central High School						
*Lanes 11-15 are the diving well pool						
	Session 1: Sunday AM				Session 2: Sunday PM	
	8:00-8:25 AM	8:25-8:50 AM			12:15-12:40 PM	12:40-1:05 PM
Lane 1	EST	LFSC		Lane 1	HOSC	HOSC
Lane 2	EST	LFSC		Lane 2	HOSC	HOSC
Lane 3	EST	HOSC		Lane 3	HOSC	HOSC
Lane 4	EST	HOSC		Lane 4	HOSC	LFSC
Lane 5	EST	HOSC		Lane 5	HOSC	EST
Lane 6	HSC	HOSC		Lane 6	HOSC	EST
Lane 7	HSC	HOSC		Lane 7	HOSC	EST
Lane 8	HSC	HOSC		Lane 8	HOSC	HSC
Lane 9	HSC	HOSC		Lane 9	HOSC	HSC
Lane 10	HSC	HOSC		Lane 10	HOSC	HSC
Lane 11	HSC	HOSC		Lane 11	HOSC	HSC
Lane 12	HSC	HOSC		Lane 12	HOSC	HSC
Lane 13	HSC	HSC		Lane 13	HSC	HSC
Lane 14	HSC	HSC		Lane 14	HSC	HSC
Lane 15	HSC	HSC		Lane 15	HSC	HSC